

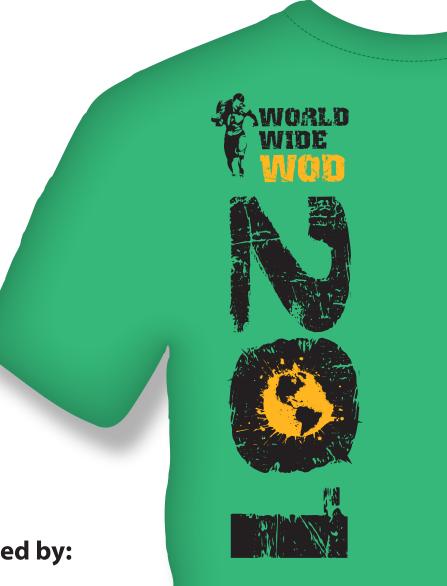
SECOND ANNUAL EVENT HELD AT LOCAL GYMS AROUND THE WORLD. NEW YEAR SAME GIRLS NEW PR'S TO CRUSH HELENA • KARENA • GRACE

World Wide WOD: Gym Resolution is an annual event held in gyms/boxes all over the World! just in time to test and make New Year Resolutions. the following year you can compete again and see your progress. These wods will be bench mark workouts that will be used each year. What better way to start off the year?



Increase: \$65 on 12-15-2013 @ 12:00 PM

Event Date: January 11th











Registration Ends: 01-06-2014